

# HAPPY HAVEN HERALD

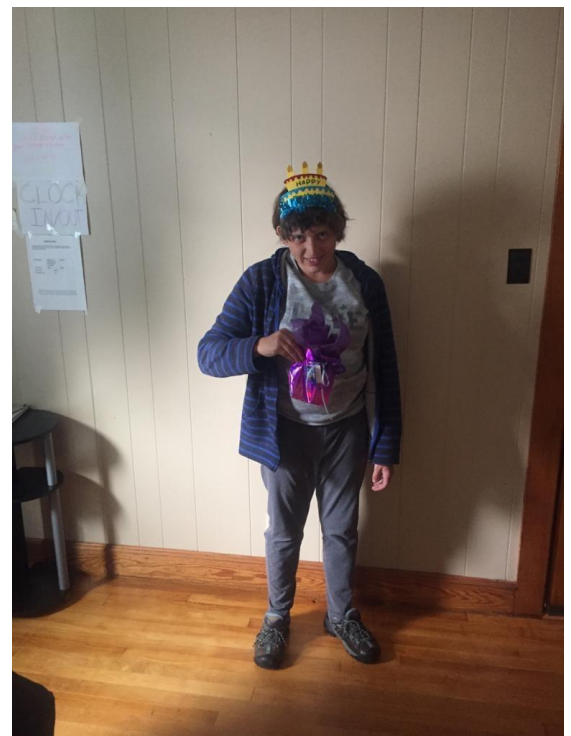
September 2020 Issue 3

This month we celebrated many Happy Haven friends' birthdays...**HAPPY BIRTHDAY TO YOU AC, AT, and JH!!!!**  
Thank you for sharing your special day with some of us



## HAVEN HIGHLIGHTS

- ✚ **CRMA Recert**  
10-1-2020  
9:30am-2:30pm
- ✚ **CRMA**  
10-5, 10-6, 10-8 2020  
9am-5pm Each Day
- ✚ **FA-CPR**  
10-7-2020  
9am-1pm
- ✚ **DSP LIVE**  
10-12, 10-13 2020  
9am-5pm Each Day
- ✚ **CRMA Recert**  
10-15-2020  
9:30am-2:30pm
- ✚ **Safety Care Recert**  
10-16-2020  
9am-5pm
- ✚ **CRMA**  
10-19, 10-20, 10-22 2020  
9am-5pm Each Day
- ✚ **FA-CPR**  
10-21-2020  
9am-1pm
- ✚ **Safety Care**  
10-26, 10-27- 2020  
9am-5pm Each Day



“EVEN ON THE DAYS THAT YOU JUST DON’T  
FELL LIKE IT, JUST SHOWING UP CAN MAKE  
ALL THE DIFFERENCE...”

Tanner Christensen

In this month’s **HAVEN HELP** we are going to talk about the importance of showing up as it relates to the Happy Haven mission. The greatest mission we have as employees of Happy Haven is to inspire greatness. Inspiring greatness within our consumers as

well as each other. One of the most important things we can do in the first step to achieving success as a team, is to **SHOW UP**.

So, what does that mean to us and what should it mean to you? To begin with, when you became a team member for HH, you are being held to a high standard. To have the compassion, knowledge and skills required to care for someone else appropriately, we provide you with all the necessary tools and training to feel empowered to do your job. We cannot expect someone who is trying to learn independence from us to achieve their highest potential-if we are not.

Showing up does not just mean arriving at a place. It means being there in the present, engaging, learning, and growing. It means embracing and unlocking your best self and sharing your knowledge with others. Happy Haven provides all the staff with ongoing current trainings to ensure that we can better provide for our consumers and to set you up for success.

Showing up to the multiple trainings provided to you means you are showing up for yourself, the consumers, and your HH team. It means you will have the confidence to help one another, and especially the consumers, succeed. The educational tools we provide to you will be essential every day you come to work; and can be carried with you in other areas of your life.

By providing the trainings, we are ensuring that all team members have the same keys to unlock our greatest potential and to show up for our consumers.

## HAVEN HELP

- Be on time
- Be prepared
- Engage
- Open yourself up to success
- Share knowledge with others
- Value in yourself, those you serve, and your team



We show up for you, and we appreciate when you show up for Happy Haven!

*Thank you for all you do*





# RECIPE *of the* MONTH

This delicious looking dish was made by our fabulous staff Goreth and our Happy Haven friend J.H. So, you know it was made with lots of love!

- Pasta
- Spinach
- Maggi
- Red Onion, White Onion, Celery, Green Pepper, and Olive Oil

After their hearty home cooked meal, they enjoy taking a nice stroll to get some much need fresh air.



We cannot forget about our amazing chef in the making, S.D., and magnificent Marcel! Stir Fried Veggies- YUM YUM 😊 I wonder what they will stir up next?!





# HAVEN FEATURE

We are so proud of our Happy Haven friend **N.S.** for achieving one of her 2-week goals!! Her reward for accomplishing what she set out to do.... Hermit Crabs!! She was so excited that when office staff arrived at her home, she was waiting outside to greet her new little friends. While setting

up her new friends' house, N.S. and her roommate wanted to know if they were boys or girls. Staff did not know, so N.S. decided that one was the husband and one was the wife! She already had a name picked out, "Hermi", but because she was surprised with two, she decided the others name would be "Jezebelle". Great job N.S. for your hard work!



N.S. being very brave and picking up Hermi to give him a kiss hello! Jezebelle was shy and hid in the crab hideaway.

## IN OTHER NEWS

### Upcoming....

#### Friday October 23, 2020 Leadership Connect

- Office Team, Program Managers, Program Supervisors, Team Leads

#### Knit Wits- Every Tuesday 5pm-6pm

- All Happy Haven friends and Staff are welcome!

Come join us at the HH office for some relaxing crocheting. It is always good to learn a new skill and to be surrounded by friends.

#### Consumer Support Group- Every Wednesday 2pm-3pm

- Male Consumers ONLY

Come join your male peers to gain confidence and self-esteem through the support of your friends! This is a safe space where you can share with and listen to one another. Please remind our HH friends to be respectful of one another and to remember this is a place of business.

#### Consumer Support Group- Every Thursday 2pm-3pm

- Female Consumers ONLY

Come join your female peers to gain confidence and self-esteem through the support of your friends! This is a safe space where you can share with and listen to one another. Please remind our HH friends to be respectful of one another and to remember this is a place of business.

**Halloween is just around the corner! Looks like someone is ready... 😊**

Crysta at the office is challenging our HH friends to send her pictures of yourself, your home, or your yard **dressed up**. Does not have to be scary, it can be Fall themed!!

You must send photos to [crystak@happyhaven.llc](mailto:crystak@happyhaven.llc) by Nov. 7<sup>th</sup> in order to enter for a prize!!!



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**Created by Happy Haven Staff**

